Praxis Dr. Christine Zieron

OBESITY CONSULTATION

Obesity is a complex chronic condition with various causes and potential associated health problems. Individualized treatment is therefore particularly important.

During our obesity consultation, we investigate possible causes and work with you to develop a personalized combination of treatment options.

In addition to medication with GLP-1 drugs (commonly known as “weight-loss injections” or “weight-loss pills”), we offer personalized nutritional guidance from our nutritional therapist, who is also a qualified naturopath.

To complement your treatment, our physiotherapist and qualified naturopath provides individual recommendations for suitable physical activities and offers guided exercise classes in small groups to help you become more active and improve your overall well-being.

Book an appointment!

www.hausarzt-zieron.de or 040/700 11 6 33

Praxis Dr. Christine Zieron

Our goal is to tailor different treatment options to your individual needs and improve your quality of life.

GLP-1 medications, nutritional counseling and exercise classes are not covered by statutory health insurance and are therefore offered as private medical services (IGeL).

All services can be used individually or in combination.

Medical consultation and prescription for GLP-1 medication:	**70,- €**
Nutritional counseling – 45 minutes:	**70,- €**
Small-group exercise classes – 5-session pass:	**120,- €**



Mariam Piloyan
Nutritional counselor (naturopath)



Ailika von Velsen-Zerweck
Exercise classes
(Physiotherapist and naturopath)

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